

## Treatment List

### Face Mapping

Truly understanding your skin is the first step towards a lifetime of skin health, and our Face Mapping® skin analysis takes the guesswork out of getting skin health results! Not only will we diagnose your skin's concerns, we'll prescribe a no-nonsense home care and treatment regimen to deliver your optimum skin health in your 14 unique zones.

### MicroZone® Facial

Get on-the-spot skin solutions with MicroZone® treatments. A Dermalogica skin therapist will analyze your skin, then perform a zone-specific treatment designed to solve your skin problem, in about 20 minutes. MicroZone® treatments are just the quick fix for troubled skin, and they're the ideal maintenance service between Dermalogica Skin Treatments.

Work with your Dermalogica therapist to find the right MicroZone® to meet your needs:

- flash exfoliation / resurface, smooth, brighten
- eye rescue / brighten, firm, revitalize
- lip renewal / smooth your smile
- blackhead relief / clear and prevent breakouts
- rapid spot clearing / speedy breakout recovery
- hand repair / heal rough hands
- men's skin fitness / make shaving problems history

### Dermalogica Skin Treatment

The Dermalogica Skin Treatment is fully inclusive to deliver your skin's best health, and involve a combination of professional double cleansing, exfoliation, extractions (as needed), masque, toner and skin protection. Additional products may be added to target your skin's needs.

### Dermalogica Touch Therapies 15 minutes

While no one knows your skin better than your Dermalogica Academy Skin Therapist, only you know how you feel. That's why you can customize any Dermalogica Skin Treatment with your choice of Touch Therapies, 15-minutes of extra attention where you need it most. Choose the treatment that addresses your needs that day:

- stress relief / back
- acupoint / face
- deep tissue / face and shoulder

### Men's Skin Care

#### Maintenance Programme

A treatment designed for men, to deep cleanse and soothe the skin.

Particularly suitable for shaving irritation. A perfect complement to your shaving routine.

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## **Mother - To - Be**

Ideal from 3 months onwards, this combined facial and body treatment will soothe and condition your skin to leave you relaxed and refreshed.

## **Reconditioning Back, Neck & Scalp Massage**

Ideal post exercise treatment, a pick me up for stress, tension and anxiety restoring balance to mind and body.

## **St Tropez Tanning**

For a medium to darker skin tone tan. This is used to achieve dark bronzed results.

## **Eye & Neck Care**

### **Eyelash Tint**

A water resistant and semi-permanent alternative to mascara. Ideal for contact lens wearers. (A skin test is required 24 hours in advance which is free of charge.)

## **Anti-Stress Care**

### **Hot Stone Treatments**

A relaxing heat treatment using warm stones to soothe away stress and tension.

### **Hot Stone Combo**

Using both hot stones and aromatherapy massage this intensive back massage will relieve and relax back ache and distress to the highest level.

### **Swedish Massage**

A traditional massage to alleviate muscular tension.

### **Aromatherapy Full Body Massage/Back Massage**

The relaxing and effective antidote to stress uses a combination of deep relaxing massage with the therapeutic effect of pure essential oils.

### **Indian Head Massage**

This treatment will soothe away stress and tension leaving you refreshed, relaxed and with a renewed clarity of mind.

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## Jessica Hand & Foot Care

### Manicure

A specialist prescription treatment to enhance your nails and take care of your cuticles.

The treatment includes filing and trimming of the nails as well as a relaxing hand and arm massage, followed by a nail paint rich in vitamins A, D and E.

### French Manicure

A special manicure using French-style varnish for a healthy, natural look.

### Deluxe Manicure

For dry dehydrated hands and nails. Hands and nails are covered in rich cream before being placed into heated mittens to re-moisturise and soften the skin. Followed by a full Jessica manicure.

### Aroma Foot Therapy Pedicure

A complete foot treatment including trimming and filing of nails, removal of excess hard skin with relaxing foot massage, followed by an optional nail paint with vitamins A, D and E.

### Deluxe Aroma Pedicure

For dehydrated feet and nails. Feet and nails are covered in rich cream before being placed into thermal booties to re-moisturise and soften the skin, followed by a full Jessica pedicure.

### Le Remedi Hand

Treatment (Anti Ageing)

Hands age more quickly than the face. This is a luxury and effective treatment for the hands to leave them softer, smoother, firmer and more attractive.

### Minx Nails

Extend fashion to fingertips and stand out from the crowd. Minx nails do not chip or smudge and come in a variety of designs and colours.

### Gel Nails

Jessica Generation polish offers you a longer lasting manicure with total protection for your nails. The polish is chip resistant and can last up to 3 weeks. Comes in a variety of colours.

## Waxing

A temporary method of hair removal which is quick, effective, relatively pain free and has superb long lasting effects for between 4-6 weeks.

### Advanced Waxing

Method of hair removal used in bikini area to offer a more thorough wax.

**A 50% cancellation charge will apply if notice is given less than 24 hours in advance.**

## Price List

### Facials

MicroZone Facial	30mins	£25.00
Deep Cleansing Facial	45mins	£32.00
Spa Luxury Facial (Includes Hot Stone Hand, Arm & Foot Massage)	1hr	£46.00
Derma logica Skin Treatment	1hr	£60.00

### Eye Care

Eye brow Tint*	15mins	£ 9.00
Eye brow Shape	15mins	£ 9.00
Eye lash Tint*	30mins	£16.00
Eye lash Extension	45mins	£18.00
Eye lash & Brow Tint*	30mins	£21.00
*Patch test required 24/48 hours in advance		
Lash Lift *	1hr	£45.00
*Patch & Glue Test required 24/48 hours in advance		

### Hot Stone Therapy

Back, Neck and Shoulder	30mins	£32.00
Aroma therapy Back Massage & Hot Stone Therapy Treatment Combo	1hr	£46.00
Basic Body	1hr	£46.00

### Anti-Stress

Back, Neck & Shoulder Massage	30mins	£25.00
Leg Massage	30mins	£25.00
Aroma therapy Back Massage	30mins	£28.00
Indian Head Massage	30mins	£32.00
Swedish Full Body Massage	1hr	£36.00
Aroma therapy Full Body Massage	1hr	£42.00
Mother-to-be	1hr 15mins	£42.00
Derma logica Touch Therapies	15mins	£15.00
Reflexology	45mins	£35.00

### Hand & Foot Care

Jessica Re-Varnish	30mins	£16.00
Jessica Manicure	45mins	£26.00
French Manicure	45mins	£26.00
Aroma Foot Therapy Pedicure	1hr	£32.00
Jessica Deluxe Manicure (Inc La Remedi Hand Treatment)	1hr	£32.00
Paraffin Wax Manicure or Pedicure	1hr	£36.00
Deluxe Aroma Foot Pedicure	1hr 15mins	£36.00
Gel Nails Hands or Feet	45mins	£25.00
Gel Nails Hands & Feet	75mins	£40.00
Gel Nails soak off	30mins	£10.00

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## Hair Removal & Waxing

Eye brow	15mins	£ 9.00
Under Arm	15mins	£10.00
Bikini (basic tidy up)	15mins	£15.00
Lip or Chin	15mins	£10.00
Forearm	15mins	£12.00
Lip & Chin	15mins	£14.00
Ankle to Knee	30mins	£15.00
Full Arm	30mins	£15.00
3/4 Leg	45mins	£20.00
Full Leg	1hr	£23.00
Full Leg & Bikini	1hr 15mins	£32.00

## Bare Necessities

½ Leg Wax, Bikini Wax, Eyebrow Shape & Tint and Eyelash Tint.	1hr	£40.00
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## Advanced Bikini

Brazilian (thin vertical strip)	20mins	£20.00
Playboy (narrow strip top only)	20mins	£25.00
Hollywood (all gone)	20mins	£30.00

\*N.B. No Heat Treatments 24 hours Prior to Waxing

## Men's Programme

Chest Waxing	30mins	£17.00
Back Waxing	30mins	£17.00
Energising Back, Neck & Shoulder Massage	45mins	£30.00
Aroma Foot Pedicure	45mins	£30.00
Back, Neck & Scalp Treatment	45mins	£30.00

## Tanning

St. Tropez (full body) Manual application	1hr	£32.00
St Tropez (half body) Manual application	30mins	£20.00
St Tropez Spray Tan (full body)	30mins	£15.00
St Tropez Spray Tan (half only)	15mins	£10.00
St Tropez Spray Express Tan (full body)	30mins	£25.00
St Tropez Spray Express Tan (half only)	15mins	£20.00

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## Midweek Spa Days

### Bronze Package

Swedish B/N/S Massage & Express Facial                      50mins                      £30.00

### Silver Package

Aromatherapy B/N/S/ Massage & Mini Facial                      1hr                      £35.00

### Gold Package

Hot Stone B/N/S/ Massage & Deep Cleansing Facial                      1hr 15mins                      £40.00

Midweek Spa packages include tea, coffee or glass of iced water

## Spa Days

### Options' Day\* (select 2 of the following)

Back, Neck and Shoulder Massage • Deep Cleansing Facial • Jessica Manicure • Jessica Pedicure. **1hr 15mins £70.00**

### Pamper Me\*

Hot Stone Back, Neck and Shoulder Massage • Deep Cleansing Facial • File & Polish. **1hr 45mins £80.00**

### Spa Experience\* (select 3 of the following)

Aromatherapy Back, Neck & Shoulder Massage  
Deep Cleansing Facial • Manicure or Pedicure. **2hrs £90.00**

### Dermalogica Spa Day\*

Dermalogica Facial Treatment • Aromatherapy Full Body Massage. File & Polish. **2hrs 30mins £100.00**

\*Spa Day Packages include light lunch and use of our facilities.

Please Note · We are open to non-members · Gift vouchers are available from reception · All vouchers are valid for **6 months** · A **50%** cancellation charge will apply if notice is given less than 24 hours in advance · Products used in treatment are available for home purchase · A 50% deposit is required for group bookings over 2 hours · A 50% deposit is required for all Spa Days.

**All treatments are subject to a consultation period which is incorporated within the advertised treatment time.**

**For further information or to make an appointment please contact the Salon on  
01355 354 410 or [healthcentraleastkilbride@kewgreen.co.uk](mailto:healthcentraleastkilbride@kewgreen.co.uk)**